



Whangarei Girls' High School

Empowering Tomorrow's Women



TERM 1	TERM 2	TERM 3	TERM 4	HOW DO I GET INVOLVED?!
Volleyball	Table Tennis	Volleyball	Volleyball	<p>To sign up for any of these sports head over to the Manawahine Gym and talk to our awesome sports co-ordinator Sara Watson. You will find her office at the front of the Gym. If Sara is not in her office, you can email her on: sara.watson@wghs.school.nz Or alternatively, anyone from the International Department can set up an appointment with Sara on your behalf.</p> <p>Also on offer at Whangarei Girls High School is the use of the school Gym during lunchtimes. We have also arranged the opportunity for our International Students to utilise the Gym after school on Tuesdays and Thursdays.</p> <p>The Gym will be open on these days from 3:20pm until 4:30pm and is dependant on International Staff availability. We look forward to working out with you!</p>
Beach Volleyball	Floorball	Badminton	Beach Volleyball	
Touch Rugby	Rugby League	Ki-O-Rahi	Touch Rugby	
Rowing	Football	Football	Rowing	
Sailing	Basketball	Basketball	Sailing	
Tennis	Cross Country	Gymsports	Tennis	
Cricket	Golf	Golf	Cricket	
Netball	Netball	Netball	Golf	
Hockey	Hockey	Hockey	Cheerleading	
Equestrian	Equestrian	Rugby	Air Pistol Shooting	
Surfing	Surfing	Cheerleading	Fencing	
Athletics	Cheerleading	Air Pistol Shooting	Clay Target Shooting	
Waka Ama	Air Pistol Shooting	Fencing	Adventure Racing	
Orienteering	Fencing	Clay Target Shooting		
Futsal	Clay Target Shooting	Adventure Racing		
Swimming	Adventure Racing	Rugby 7's		
Triathlon		Squash		
Golf				
Cheerleading				
Air Pistol Shooting				
Fencing				
Adventure Racing				
Clay Target Shooting				